



16 August 2009

Newsletter of Cobh & Glanmire Parish

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The Bible readings for this morning are:

Ephesians 5:15-20 (page 244 in the New Testament)

John 6:51-58 (page 125 in the New Testament)

Theme: It's wise to be wise

So be careful how you live. Don't live like ignorant people, but like wise people. Make good use of every opportunity you have, because these are evil days. Don't be fools, then, but try to find out what the Lord wants you to do.

Ephesians 5:15-17 (GNB)

Sunday 16 <i>Trinity 10 (Green)</i>	10.00 am 11.30 am	Holy Communion, Cobh Morning Prayer, Glanmire
Tuesday	11.00 am	Badminton & Table Tennis, Carrigtwohill
Sunday 23 <i>Trinity 11 (Green)</i>	10.00 am 11.30 am 7.00 pm	Family Service, Cobh Family Service, Little Island Parish Football Match, Leamlara

Ephesians 6:10-20

Notices:

1. The annual **Parish football match** will take place next Sunday (the 23rd) at 7.00 pm at the Geary's Farm in Leamlara. This is always a great family event for young and not so young, players and spectators alike - of course with wonderful refreshments afterwards! We are very grateful to the Geary family for once again being our hosts.
2. Due to a few matters arising, we need to have a meeting of the **Select Vestry** fairly soon. Please could members who are available come along to a meeting next **Monday 24th at 8.00pm in Carrigtwohill**. Thank you.
3. With growing fear over the spread of the **H1N1 "Swine 'Flu"**, the Church of Ireland Bishops have issued a press release. For those that didn't see last weeks *Signal*, you can see the message in full at www.ireland.anglican.org.
4. **Sea Sunday** this year will be on Sunday 13 September at 10.30 am in Cobh. Please do let people know, especially as we are holding the service much later this year.
5. There will be a **Plant Sale** in the grounds of Christ Church in Cobh on Saturday 12 September. Please keep the date free in your diaries and talk to Shirley Walkin if you would at all be available to help in any way.
6. "Join **Christian Aid** Ireland for a breathtaking **sponsored walk** along the **Sheep's Head Way** in west Cork on Saturday 5 September from 11.00 am to 3.30 pm and raise money for the charitable work of our partners in Haiti. Bring along the necessary gear (comfortable walking shoes, food, drink, etc) and invite your friends and family to walk beside you on this remarkable journey, hailed by Country Walking magazine as the best walk in Ireland. Anyone interested in taking part should assemble in the car park of St. James' National School in Cork at 11am on the morning of the walk. For more information or a route itinerary, contact: Andrew Coleman Christian Aid, Cork Office cork@christian-aid.org (023) 88 41468.
7. For any ladies who are intending to run in the **Mini Marathon** on 27 September, **Cork Simon Community** are looking for people to raise funds for them. They will send you a t-shirt and a sponsorship card - contact Mairéad on 021 4929401 or mairéad@corksmoncommunity.ie

Collect of the Day: The Tenth Sunday after Trinity

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord, Amen.