



2 August 2009

Newsletter of Cobh & Glanmire Parish

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The Bible readings for this morning are:

Exodus 16:2-4, 9-15 (page 72 in the Old Testament)

John 6:24-35 (page 124 in the New Testament)

Theme: Bread from Heaven

The Lord said to Moses, "I have heard the complaints of the Israelites. Tell them that at twilight they will have meat to eat, and in the morning they will have all the bread they want. Then they will know that I, the Lord, am their God."

Exodus 16:11, 12 (GNB)



Sunday 2 Trinity 8 (Green)	10.00 am 11.30 am	Holy Communion, Cobh Holy Communion, Glanmire
Tuesday	11.00 am	Badminton & Table Tennis, Carrigtwohill
Sunday 9 Trinity 9 (Green)	10.00 am 11.30 am	Morning Prayer, Cobh Holy Communion, Little Island

Ephesians 4:25-5:2; John 6:35, 41-51

Notices:

1. Last week we were starting to get excited about the beginnings of a **Parish Youth Group**. Pearl Beamish has managed to get a few people in the Parish interested. If we all catch the vision for this it could be the most exciting and most significant thing to happen in the Parish for many years. It's really important that we keep praying for the young people in the parish, any potential leaders of a youth group and for the Diocesan Youth Council as they come in to help us get things started, which, Lord willing will be next month...
2. The **Parish football match** will take place on the fourth Sunday of this month (the 23rd). This is always a great family event for young and not so young, players and spectators alike - of course with wonderful refreshments afterwards! We are very grateful to the Geary family for once again being are hosts.
3. A **Plant Sale** is being planned for Cobh on Saturday 12 September. Please keep the date free in your diaries and talk to Shirley Walkin if you would at all be available to help in any way.
4. Andrew Coleman of **Christian Aid** is in the process of organising a sponsored walk on the **Sheep's Head Way** (Starting at Durrus village) for Christian Aid work in Haiti commencing on Saturday 5 September. More details to follow in coming weeks, but in the meantime, you can call Andrew on 023 8841468 or email him at cork@christian-aid.org to find out more.
5. For any ladies who are intending to run in the **Mini Marathon** on 27 September, **Cork Simon Community** are looking for people to raise funds for them. They will send you a t-shirt and a sponsorship card - contact Mairéad on 021 4929401 or mairead@corksioncommunity.ie



Collect of the Day: The Eighth Sunday after Trinity

Lord God, your Son left the riches of heaven and became poor for our sake: when we prosper save us from pride, when we are needy save us from despair, that we may trust in you alone; through Jesus Christ our Lord, Amen.